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Published journal articles indexed by SCI, SSCI, and AHCI

I. Bridging the Gap: A narrative review of osteoporosis disability, adipokines, and the role of AI in postmenopausal women

Tariq S., Jabbar S., Ahmad A., TARIQ S.

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II. Centralized healthcare database for ensuring better healthcare: Are we lagging behind?

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III. Editorial: Osteoporosis and adipokines: the potential for future treatment

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Frontiers in Endocrinology, vol.15, 2024 (SCI-Expanded)

IV. Osteoprotegerin genetic polymorphisms and their influence on therapeutic response to ibandronate in postmenopausal osteoporotic females

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V. Factors leading to delayed and challenging presentation of benign breast lumps in young females Saleem S., Tariq S., Tariq S., Irfan S., Javed F.

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VI. Association of serum levels of Visfatin, Intelectin-1, RARRES2 and their genetic variants with bone mineral density in postmenopausal females

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VII. Stress and depression among students: Are we doing enough? t

Tariq S., Tariq S., Mubarak N.

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VIII. Serum Resistin Levels and Related Genetic Variants Are Associated With Bone Mineral Density in Postmenopausal Women

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X. Effect of Ibandronate Therapy on Serum Chemerin, Vaspin, Omentin-1 and Osteoprotegerin (OPG) in Postmenopausal Osteoporotic Females

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XI. Emotional intelligence and academic performance of students

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XII. Association of serum chemerin with calcium, alkaline phosphatase and bone mineral density in postmenopausal females

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XIII. Association Between Vitamin D and Resistin in Postmenopausal Females With Altered Bone Health Tariq S., Tariq S., Khaliq S., Baig M., Murad M. A., Lone K. P.

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XIV. Serum resistin levels as predictor of low bone mineral density in postmenopausal women Tariq S., Tariq S., Khaliq S., Lone K. P.

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XV. Correlation of maternal neutrophil to lymphocyte ratio with fetal birth weight in preeclampsia Ali Z., Zaki S., Zafar U., Tauseef A., Tariq S., Khalid A.

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XVI. Relationship of BMI with Junk Food, sleep pattern, exam performance and awareness about its ill health effects in healthy teenagers

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XIX. Perceived stress, severity and sources of stress among female medical students in a private medical college in Pakistan

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XX. Association of perceived stress with healthy and unhealthy food consumption among teenagers Tariq S., Tariq S., Tariq S.

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XXI. Status of bone health and association of socio-demographic characteristics with bone mineral density in Pakistani females

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XXV. Knowledge and attitude of blood donation among female medical students in Faisalabad Tariq S., Tariq S., Jawed S., Tariq S.

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XXX. Frequency of different blood groups and its association with BMI and blood pressure among the female medical students of Faisalabad

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Articles Published in Other Journals

I. The role of digital health solutions in modern medicine

Tariq S., TARIQ S.

Journal of University Medical and Dental College, vol.15, no.2, 2024 (Scopus)

II. Data-Driven Medicine: The Promise and Potential of Clinical Decision Support Systems Tariq S., TARIQ S.

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III. Examining the tapestry of mental health crises in low-& middle-income countries: an intercontinental analysis of the contributing factors and instructive approaches

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IV. Significance of shadowing and its contribution to the development of competent healthcare providers

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VI. AN EMERGING RELATIONSHIP BETWEEN CIRCULATING ESTRADIOL AND THYROID AUTOIMMUNITY IN POLYCYSTIC OVARIAN SYNDROME

Rehman A., Altaf B., Zahid H., Tariq S., Jawed S., Tariq S.

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VII. Effective mentorship in health care, need of the time

Tariq S., Tariq S., Ahmad T.

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VIII. The conundrum of new coronavirus variants and poor uptake of booster dose: building a narrative against vaccine hesitancy in Pakistan

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IX. Artificial Intelligence and Medicine: The Next Era

Tariq S., Tariq S.

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X. COVID-19 pandemic upshots and where will it lead us?

Baig M., Tariq S., Tariq S.

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XI. Mental health care in Afghanistan: The need of the hour

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XII. Global research trends in Coronavirus disease 2019 (COVID-19) and hepatitis: A bibliometric analysis

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Tariq S., Tariq S., Malik A.

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XIV. THE PERILS OF VACCINE HESITANCY BASED ON CONSPIRACY THEORIES AND MISINFORMATION: IMPLICATIONS AND WAY FORWARD FOR PAKISTAN

Mubarak N., Khan A. M., Tariq S., Kanwal S., Tariq S.

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XV. BLOOD GROUPS AND COVID-19

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