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International Researcher IDs

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Biography

Family Medicine Specialist and candidate of Doctorate in Public Health.

Currently working as an Assistant Professor at İstanbul Medipol University, School of Medicine, Department of Family Medicine, in İstanbul, Türkiye.

European Young Family Doctors' Movement (EYFDM) - Executive member and Events Officer, EYFDM Türkiye - Policy&Campaign Coordinator.

Education

Doctorate, Istanbul University, Health Sciences Institute, İstanbul Tıp Fakültesi Bölümü, Turkey 2019 - Continues
Expertise In Medicine, Marmara University, School Of Medicine, Internal Medical Sciences, Turkey 2017 - 2020
Undergraduate, Marmara University, School Of Medicine, Turkey 2009 - 2015

Foreign Languages

English, C1 Advanced

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Family Medicine

Academic Positions

Assistant Professor, Istanbul Medipol University, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, 2024 - Continues
Research Assistant, Marmara University, School Of Medicine, Internal Medical Sciences, 2017 - 2020

Journal articles indexed in SCI, SSCI, and AHCI

- I. **Closing evidence gaps in general practice & family medicine. Selected Abstracts from the 92nd EGPRN Meeting – Virtual Conference, 30 April to 1 May 2021**
Arman İ. H., Temel Aslan K., Arman Y., Apaydın Kaya M. Ç.
EUROPEAN JOURNAL OF GENERAL PRACTICE, vol.27, no.1, pp.363, 2021 (SCI-Expanded)

Articles Published in Other Journals

- I. **Integrating Technology in Medical Education: A Possible Pathway For Advancing Primary Healthcare**
Arman İ. H.
Health Professions Education, vol.11, no.1, pp.8-9, 2025 (Scopus)
- II. **EYFDM Conference Exchange of 13th TAHEK & EUROPREV Forum 2024: From the Perspective of Young Family Doctors**
Dikmen E., Akyon Ş. H., Onur G., Büyükdağ H., Arman İ. H., Kocabaş M., Avcı F., Aygün E.
Türkiye Aile Hekimliği Dergisi, vol.28, no.4, pp.165-171, 2024 (Peer-Reviewed Journal)
- III. **Digital Minimalism: Using Technology for Efficient Healthcare**
Akyon S. H., Akyon F. C., Onur G., Arman İ. H.
Eurasian Journal of Family Medicine, vol.13, no.4, pp.147-154, 2024 (Scopus)
- IV. **8th European Young Family Doctors' Movement (EYFDM) Forum Vienna Observations from the Perspective of the EYFDM Türkiye Team**
Akyon Ş. H., Arman İ. H., Onur G., Dikmen E.
Türkiye Aile Hekimliği Dergisi, vol.28, no.3, pp.115-119, 2024 (Peer-Reviewed Journal)
- V. **A Young Look At 2023**
Arman İ. H., Yılmaz D., Öztürk A., Atalay Kahraman S., Eroğlu Kılâç R., Dikmen E., Onur G., Büyükdağ H., Kocabaş M., Akyon Ş. H., et al.
Türkiye Aile Hekimliği Dergisi, vol.28, no.1, pp.25-32, 2024 (Peer-Reviewed Journal)
- VI. **A Quasi-Experimental Controlled Educational Intervention for Mothers To Reduce Unnecessary Emergency Department Admissions in Children with Respiratory Tract Infection Symptoms**
Arman İ. H., Temel Aslan K., Arman Y., Apaydın Kaya M.
KONURALP TIP DERGISI, vol.16, no.1, pp.1-10, 2024 (ESCI)
- VII. **WONCA Europe's New Family Medicine Definition and Sustainable Healthcare Knowledge**
Spínola A. C. F., Arman İ. H., Bentounsi Z., Cordovil C., Gökdemir Ö.
Anatolian Journal of Family Medicine, vol.7, no.1, pp.44-45, 2024 (Scopus)
- VIII. **Why is it Important for Family Physicians to Identify Reliable Sources of Information in the Digital Age?**
Arman İ. H.
Eurasian Journal of Family Medicine, vol.13, no.1, pp.39-40, 2024 (Scopus)
- IX. **The Comparison of Diabetes Management and Follow-up by Family Medicine or Endocrinology**
ARMAN İ. H., Arman Y., Ayaz Z., Bahadır A. E., KAYA M.
Anatolian Journal of Family Medicine, vol.7, no.2, pp.55-62, 2024 (Scopus)
- X. **A Young Look at 2022**
Yılmaz D., Öztürk A., Tekayak H. V., Atalay Kahraman S., Eroğlu Kılâç R., Arman İ. H.
Türkiye Aile Hekimliği Dergisi, vol.27, no.3, pp.71-75, 2023 (Peer-Reviewed Journal)
- XI. **The Determination Of The Factors And Expectations Which Affect The Utilization of Health Services In Women: A Qualitative Research**
Arman İ. H., Okumuş E., Lay N. Y., Topçu Ertürk K., Sarıkaya Ö., Cöbek Ünalın G. P.
Turkish Journal of Family Medicine and Primary Care, vol.1, no.14, pp.23-32, 2020 (Peer-Reviewed Journal)
- XII. **A Case of new onset hyperuricemia in a home health care patient with multiple chronic diseases**
Arman Y., Arman İ. H., Cöbek Ünalın G. P.
The Journal of Turkish Family Physician, vol.10, no.3, pp.156-161, 2019 (Peer-Reviewed Journal)
- XIII. **Importance of questioning of falls in mental changes: A subdural hematoma case**

Papers Presented at Peer-Reviewed Scientific Conferences

- I. **İyatrojenik Halsizlik: Olgu Sunumu**
ARMAN İ. H., Arman Y., APAYDIN KAYA M. Ç.
13. Aile Hekimliği Güz Okulu, Turkey, 16 - 20 October 2019, (Full Text)
- II. **Attitude And Behaviour Of Mothers In Children With Respiratory Tract Infection Symptoms**
ARMAN İ. H., Arman Y., APAYDIN KAYA M. Ç.
6th Vasco da Gama Movement Forum, Torino, Italy, 27 - 28 September 2019, (Full Text)
- III. **Tip 2 Diyabet Hastalarının Tanı, Tedavi ve Takibinde Aile Sağlığı Merkezlerinin Yeri**
ARMAN İ. H., Arman Y., Ayaz Z., APAYDIN KAYA M. Ç.
14. aile Hekimliği Araştırma Günleri, Turkey, 11 - 13 April 2019, (Summary Text)
- IV. **Çocuklarda Solunum Yolu Enfeksiyonu Semptomlarında Annelerin Tutum ve Davranışları**
ARMAN İ. H., APAYDIN KAYA M. Ç.
14. Aile Hekimliği Araştırma Günleri, Turkey, 11 - 13 April 2019, (Summary Text)
- V. **Çocukların Gereksiz Acil Servis Başvurularını Önlemeye Yönelik Annelerin Sağlık Okur Yazarlığının Artırılması: Bir Eğitim Müdahale Araştırması**
APAYDIN KAYA M. Ç., ARMAN İ. H.
13. Aile Hekimliği Araştırma Günleri, Turkey, 15 - 17 November 2018, (Summary Text)
- VI. **Limon Suyunda Mucize Aramak**
ARMAN İ. H., Arman Y., ÜNALAN G. P.
12. Aile Hekimliği Güz Okulu, Antalya, Turkey, 26 - 30 September 2018, (Full Text)
- VII. **The Determination Of The Factors And Perceptions Which Affect The Health Behaviour Of Women: A Qualitative Study From Turkey**
ARMAN İ. H., Demirtaş Okumuş E., Lay N. J., Topçu K., SARIKAYA Ö.
5. Vasco de Gama Movement Forum, Porto, Portugal, 25 - 27 January 2018, (Full Text)
- VIII. **Kadınlarda Sağlık Hizmetinden Yararlanmayı Etkileyen Faktör Ve Algıların Belirlenmesi: Niteliksel Bir Araştırma**
ARMAN İ. H., Demirtaş Okumuş E., Lay N. J., Topçu K., SARIKAYA Ö., ÜNALAN G. P.
11. Aile Hekimliği Güz Okulu, Antalya, Turkey, 27 September - 01 October 2017, (Full Text)
- IX. **Synthetic Cannabinoid Use in Forensic Cases Admitted to An Emergency Department**
Tepe P., Bayram T., Gülhan R., Hıdıroğlu S., Akyıldız İ. H., Aydın A., Gün S., Güven F. E., Uç R. D., Kurban A. E.
IVEK 2, Uluslararası İlaç ve Eczacılık Kongresi, İstanbul, Turkey, 27 - 29 December 2015, (Summary Text)
- X. **Marmara Üniversitesi İntörnlerinin Perspektifinden İntörnlük**
ARMAN İ. H., GÜLPINAR M. A.
Fatih Üniversitesi Bilimsel Araştırma Topluluğu Kongresi, Turkey, 04 April 2014
- XI. **Kadınların Sağlık Algısını Belirleyen Faktör ve Algıların Belirlenmesi**
ARMAN İ. H., Demirtaş Okumuş E., Lay N. J., Topçu K., SARIKAYA Ö.
Dicle Üniversitesi Tıp Öğrenci Kongresi, Diyarbakır, Turkey, 01 April 2014
- XII. **Kadınların Sağlık Algısını Belirleyen Faktör ve Algıların Belirlenmesi**
ARMAN İ. H., Demirtaş Okumuş E., Lay N. J., Topçu K., SARIKAYA Ö.
Marmara Öğrenci Kongresi, Turkey, 25 May 2012, (Summary Text)
- XIII. **Tip 2 Diyabet Hastalarının Hastalık Yönetiminde Aile Sağlık Merkezlerinin Payı**
ARMAN İ. H., Er Y., Meral Y., Özkahraman A., TOPUZOĞLU A.
Marmara Öğrenci Kongresi, Turkey, 20 May 2011, (Summary Text)
- XIV. **Marmara Üniversitesi Tıp Fakültesi 1. Sınıf Öğrencilerinin Bağımlılıklarının Belirlenmesi**
ARMAN İ. H., Tamer A., KAYPAK A. C., APAYDIN KAYA M. Ç.
Marmara Öğrenci Kongresi, İstanbul, Turkey, 01 May 2010, (Summary Text)

Memberships and Roles in Scientific Organizations

Turkish Association of Family Physicians (TAHUD), Member of Advisory Board, 2024 - Continues, Turkey
the European Academy of Teachers in General Practice/Family Medicine (EURACT):, Member, 2024 - Continues, Netherlands
Turkish Family Medicine Academy Association (TAHAD), Member, 2024 - Continues, Turkey
European Young Family Doctors' Movement (EYFDM), Board Member, 2022 - Continues, Netherlands
World Organization of Family Doctors (WONCA) - Europe Region, Member, 2021 - Continues, Slovenia
European General Practice Research Network (EGPRN), Member, 2021 - Continues, Netherlands
Turkish Association of Family Physicians (TAHUD), Member, 2019 - Continues, Turkey
European Young Family Doctors' Movement (EYFDM) - Türkiye Team, Board Member, 2019 - Continues, Turkey

Roles in Event Organizations

Arman İ. H., 25. Family Medicine Research Days, Scientific Congress, İstanbul, Turkey, Nisan 2025

Metrics

Publication: 28

Invited Talks

29. WONCA Europe Conference - Opening Ceremony Keynote Speaker, Conference, WONCA Europe (World Organization of National Colleges, Academies and Academic Associations of General Practitioners/Family Physicians), Ireland, September 2024

Scholarships

Forum Bursary, Other International Organizations, 2018 - 2018

Awards

Arman İ. H., Arman Y., Sözlü Bildiri - İkincilik Ödülü, Türkiye Aile Hekimleri Uzmanlık Derneği (Tahud), November 2024
Arman İ. H., Junior Researcher Award Runner-up, European Young Family Doctors' Movement (Eyfdm), September 2024

Non Academic Experience

Professional Organization, European Young Family Doctors' Movement, Executive Board, Executive Member and Events Officer
Professional Organization, European Young Family Doctors' Movement Türkiye Team, Yönetim Kurulu, Kampanya & Politika Koordinatörü